

UNSWEETENED APPLESAUCE (4 oz. cup)

CALORIES	PROTEIN	CARBS	TOTAL FAT	SAT. FAT	SODIUM	POTASSIUM	PHOSPHORUS
50	0g	12g	0 (0%)	0 (0%)	10mg	102mcg	6mcg

INGREDIENTS: APPLES, WATER, UNSWEETENED APPLE JUICE, ASCORBIC ACID TO MAINTAIN COLOR

MIXED FRUIT (4 oz. cup)

CALORIES	PROTEIN	CARBS	TOTAL FAT	SAT. FAT	SODIUM	POTASSIUM	PHOSPHORUS
70	1g	16g	0 (0%)	0 (0%)	0mg	110mcg	0mcg

INGREDIENTS: WHITE GRAPE JUICE FROM CONCENTRATE WATER, WHITE GRAPE JUICE CONCENTRATE, PEACHES, PINEAPPLE, PEARS, LEMON JUICE FROM CONCENTRATE WATER, LEMON JUICE CONCENTRATE, NATURAL FLAVORS, ASCORBIC ACID VITAMIN C TO PROMOTE COLOR RETENTION, AND CITRIC ACID.

WHOLE GRAIN BREAD (1 slice)

CALORIES	PROTEIN	CARBS	TOTAL FAT	SAT. FAT	SODIUM	POTASSIUM	PHOSPHORUS
60	2g	14g	0.5 (0%)	0 (0%)	135mg	45mcg	61mcg

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, SUGAR, YEAST, SALT, SOYBEAN OIL, MONOGLYCERIDES, CALCIUM PROPIONATE, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES, ENZYMES, ASCORBIC ACID VITAMIN C, AND 2 OR LESS OF EACH OF THE FOLLOWING: PRESERVATIVES PROPIONIC ACID, PHOSPHORIC ACID, MALTED WHEAT FLOUR.
ALLERGY INFORMATION: CONTAINS WHEAT AND SOY.

CHOCOLATE CHIP COOKIE (.75 oz. package)

CALORIES	PROTEIN	CARBS	TOTAL FAT	SAT. FAT	SODIUM	POTASSIUM	PHOSPHORUS
90	0g	13g	4.5 (6%)	2 (10%)	130mg	11mcg	0mcg

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, HIGH FRUCTOSE CORN SYRUP, SUGAR, PALM OIL, CHOCOLATE CHIPS SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN [AN EMULSIFIER], SALT, VANILLA EXTRACT, OATMEAL, CHOCOLATE FLAVORED CHIPSSUGAR, HYDROGENATED PALM KERNEL OIL, COCOA PROCESSED WITH ALKALI, SOY LECITHIN, SALT, VANILLIN, MODIFIED CORN STARCH, MONO AND DIGLYCERIDES, CORN SYRUP, RAISIN PASTE, NATURAL AND ARTIFICIAL FLAVORS CONTAINS MILK, SALT, GLYCERIN, SOY LECITHIN, BAKING SODA, BAKING POWDER SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE.
ALLERGY INFORMATION: CONTAINS WHEAT, SOY AND MILK.