



# Pureed Herbed Fish Filet

with mashed potatoes and pureed carrots



Available on these menus

**Pureed**

## TO PLACE YOUR ORDER

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## Nutrition Facts

1 servings per container  
**Serving size** **1 MEAL**  
**(294.07g)**

**Amount per serving**  
**Calories** **450**

**% Daily Value\***

**Total Fat** 24g **31%**

Saturated Fat 6g **30%**

Trans Fat 0g

**Cholesterol** 50mg **17%**

**Sodium** 330mg **14%**

**Total Carbohydrate** 40g **15%**

Dietary Fiber 3g **11%**

Total Sugars 9g

Includes 5g of Added Sugars **10%**

**Protein** 23g

Vitamin D 0mcg **0%**

Calcium 99mg **8%**

Iron 1mg **4%**

Potassium 288mg **6%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS:

HERBED FISH FILET (POLLOCK, VEGETABLE OIL [CANOLA AND OR SOYBEAN OIL, TBHQ, AND CITRIC ACID, DIMETHYLPOLYSILOXANE], COLLAGEN HYDROLYZATE, FOOD STARCH-MODIFIED [CORN AND/OR TAPIOCA], NATURAL BUTTER FLAVOR [CONCENTRATED NATURAL BUTTER FLAVOR, DRIED ON MALTODEXTRIN, WHEY POWDER, SALT, XANTHAN GUM, NATURAL FLAVOR], SOY PROTEIN ISOLATE, LEMON JUICE (WATER, LEMON JUICE CONCENTRATE, SODIUM BISULFITE AND SODIUM BENZOATE (PRESERVATIVES), LEMON OIL, BASIL, THYME. MASHED POTATOES (MASHED POTATO GRANULES [POTATO DRY, MONO AND DIGLYCERIDES, ASCORBIC ACID VITAMIN C, CALCIUM STEAROYL-2-LACTYLATE. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT], WATER, 2% MILK, MARGARINE [LIQUID AND HYDROGENATED SOYBEAN OIL, WATER, SALT, CONTAINS LESS THAN 2% OF VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE {A PRESERVATIVE}, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE {COLOR}, VITAMIN A PALMITATE ADDED]) GLAZED CARROTS (CARROT PUREE, MODIFIED FOOD STARCH [CORN AND/OR TAPIOCA], VEGETABLE OIL [CANOLA, CORN AND/OR SOYBEAN OIL, TBHQ, AND CITRIC ACID, DIMETHYLPOLYSILOXANE], SUGAR, BROWN SUGAR, NATURAL BUTTER FLAVOR [CONCENTRATED NATURAL BUTTER FLAVOR, DRIED ON MALTODEXTRIN, WHEY POWDER, SALT, XANTHAN GUM, NATURAL FLAVOR], XANTHAN GUM).

**CONTAINS:** FISH (POLLOCK), MILK AND SOY