



Western Omelette

with peppers and onions, sausage, applesauce



Available on these menus

- General Wellness**
- Diabetes Friendly**
- Renal**

TO PLACE YOUR ORDER

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Nutrition Facts

1 servings per container	
Serving size	1 MEAL (226.8g)
Amount per serving	
Calories	290
<small>% Daily Value*</small>	
Total Fat 15g	19%
Saturated Fat	
Trans Fat	
Cholesterol	
Sodium 490mg	21%
Total Carbohydrate 22g	8%
Dietary Fiber 3g	11%
Total Sugars	
Includes g of Added Sugars	
Protein 18g	
Vitamin D mcg	
Calcium 141mg	10%
Iron mg	
Potassium 320mg	6%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

CHEESE OMELETTE (WHOLE EGGS, CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES ANNATTO COLOR], WATER, WHOLE MILK POWDER, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, XANTHAN GUM, CITRIC ACID). TURKEY SAUSAGE (TURKEY, WATER, POTATO STARCH, DEXTROSE, SUGAR, SALT, POTASSIUM CHLORIDE, SPICES). APPLESAUCE (APPLES AND WATER, ASCORBIC ACID TO MAINTAIN COLOR). GREEN PEPPERS, ONION

CONTAINS: EGGS, MILK, SOY