



# Spaghetti and Meatless Meatballs

with marinara, carrots and broccoli



Available on these menus

- General Wellness**
- Diabetes Friendly**
- Heart Healthy**
- Low Sodium**
- Vegetarian**

## TO PLACE YOUR ORDER

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## Nutrition Facts

1 servings per container	
<b>Serving size</b>	<b>1 MEAL (335.1g)</b>
<b>Amount per serving</b>	<b>330</b>
<b>Calories</b>	
<small>% Daily Value*</small>	
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 560mg	<b>24%</b>
<b>Total Carbohydrate</b> 44g	<b>16%</b>
Dietary Fiber 13g	<b>46%</b>
Total Sugars 8g	
Includes g of Added Sugars	
<b>Protein</b> 22g	
Vitamin D 0mcg	<b>0%</b>
Calcium 85mg	<b>6%</b>
Iron 4mg	<b>25%</b>
Potassium 795mg	<b>15%</b>
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

### INGREDIENTS:

MEATBALLS [WATER, TEXTURED VEGETABLE PROTEIN SOY PROTEIN CONCENTRATE, BARLEY MALT EXTRACT, CANOLA OIL, VITAL WHEAT GLUTEN, SOY PROTEIN ISOLATE, ENRICHED FLOUR WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, METHYLCELLULOSE, SPICES, YEAST EXTRACT, ONION POWDER, SEA SALT, MALT EXTRACT MALTED BARLEY, WATER, ORGANIC CANE SUGAR, DRIED ONION, DRIED GARLIC, ORGANIC DISTILLED VINEGAR, NATURAL FLAVORS, SALT, GARLIC POWDER, CANE SUGAR, YEAST, PEA PROTEIN), MARINARA SAUCE [FRESH VINE-RIPENED UNPEELED TOMATOES, TOMATO PUREE, DEHYDRATED ONION, EXTRA VIRGIN OLIVE OIL, SALT, SPICE BLEND GARLIC, SPICES, CITRIC ACID]], CARROTS, BROCCOLI, SPAGHETTI (WHOLE DURUM WHEAT FLOUR, DURUM WHEAT SEMOLINA, DURUM WHEAT FLOUR, NIACIN, IRON [FERROUS SULFATE], THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID).

**CONTAINS:** WHEAT, SOY