



# Spaghetti and Meatballs

with marinara, carrots and broccoli



Available on these menus

- General Wellness**
- Diabetes Friendly**

### TO PLACE YOUR ORDER

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## Nutrition Facts

1 servings per container	
<b>Serving size</b>	<b>1 MEAL (389.22g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>380</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 21g	<b>27%</b>
Saturated Fat 8g	<b>40%</b>
Trans Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 660mg	<b>29%</b>
<b>Total Carbohydrate</b> 34g	<b>12%</b>
Dietary Fiber 10g	<b>36%</b>
Total Sugars 13g	
<small>Includes g of Added Sugars</small>	
<b>Protein</b> 23g	
Vitamin D 0mcg	<b>0%</b>
Calcium 128mg	<b>10%</b>
Iron 4mg	<b>20%</b>
Potassium 1054mg	<b>20%</b>
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

### INGREDIENTS:

MEATBALLS [BEEF, WATER, VEGETABLE PROTEIN PRODUCT {SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE <B1>, PYRIDOXINE HYDROCHLORIDE <B6>, RIBOFLAVIN <B2>, CYANOCOBALAMIN <B12>, <MAY CONTAIN CARAMEL COLOR>}, SEASONING {DEXTROSE, TOMATO POWDER, SOYBEAN OIL, DISODIUM INOSINATE, DISODIUM GUANYLATE, SPICE EXTRACTIVES, NONFAT DRY MILK}, BELL PEPPERS, ONIONS, BREAD CRUMBS {BLEACHED WHEAT FLOUR, SOYBEAN OIL, DEXTROSE, LEAVENING <SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE>, WHEY, OLEORESIN PAPRIKA}, SALT, SODIUM PHOSPHATE. SET IN VEGETABLE OIL], MARINARA SAUCE [FRESH VINE-RIPENED UNPEELED TOMATOES, TOMATO PUREE, DEHYDRATED ONION, EXTRA VIRGIN OLIVE OIL, SALT, SPICE BLEND GARLIC, SPICES, CITRIC ACID]], CARROTS, BROCCOLI, SPAGHETTI (WHOLE DURUM WHEAT FLOUR, DURUM WHEAT SEMOLINA, DURUM WHEAT FLOUR, NIACIN, IRON [FERROUS SULFATE], THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID).

**CONTAINS:** SOY, WHEAT, MILK