



Salisbury Steak

with mashed potatoes, and carrots



Available on these menus

- General Wellness**
- Diabetes Friendly**

TO PLACE YOUR ORDER

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Nutrition Facts

1 servings per container	
Serving size	1 MEAL (311.98g)
Amount per serving	
Calories	290
<small>% Daily Value*</small>	
Total Fat 12g	15%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 340mg	15%
Total Carbohydrate 28g	10%
Dietary Fiber 4g	14%
Total Sugars 5g	
Includes g of Added Sugars	
Protein 19g	
Vitamin D 0mcg	0%
Calcium 61mg	4%
Iron 2mg	15%
Potassium 667mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

BEEF PATTY [GROUND BEEF NOT MORE THAN 30% FAT, WATER, VEGETABLE PROTEIN PRODUCT {SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE B1, PYRIDOXINE HYDROCHLORIDE B6, RIBOFLAVIN B2, CYANOCOBALAMIN B12}, BELL PEPPERS, SEASONING {DEHYDRATED ONION, DEXTROSE, AUTOLYZED YEAST EXTRACT, SPICE EXTRACTIVES}, BREAD CRUMBS {BLEACHED WHEAT FLOUR, SOYBEAN OIL, DEXTROSE, LEAVENING SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, WHEY, OLEORESIN PAPRIKA}, SALT, SODIUM PHOSPHATE], GRAVY [WATER, MUSHROOMS {MUSHROOMS, WATER, SALT, CITRIC ACID AND ASCORBIC ACID}, BROWN GRAVY MIX {FOOD STARCH - MODIFIED, RICE FLOUR, HYDROLYZED SOY PROTEIN, WHEY, BEEF TALLOW, CARAMEL COLOR, YEAST EXTRACT, WITH 2 OR LESS ONION POWDER, SILICON DIOXIDE ANTI-CAKING AGENT, DEXTROSE, POTASSIUM CHLORIDE, GARLIC POWDER, XANTHAN GUM, SALT, TOMATO POWDER, CARROT POWDER, CELERY POWDER, SPICE EXTRACTIVE}], MASHED POTATOES (MASHED POTATO GRANULES [POTATO DRY, MONO AND DIGLYCERIDES, ASCORBIC ACID VITAMIN C, CALCIUM STEAROYL-2-LACTYLATE. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT], WATER, 2% MILK, MARGARINE [LIQUID AND HYDROGENATED SOYBEAN OIL, WATER, SALT, CONTAINS LESS THAN 2% OF VEGETABLE MONO & DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE {A PRESERVATIVE}, CITRIC ACID, NATURAL & ARTIFICIAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE {COLOR}, VITAMIN A PALMITATE ADDED]), CARROTS.

CONTAINS: SOY, WHEAT, MILK