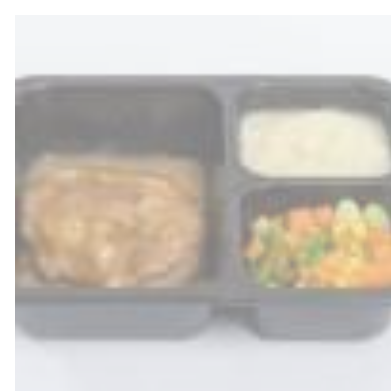




# Halal Meatloaf with Gravy

with mashed potatoes and mixed vegetables



Available on these menus



## TO PLACE YOUR ORDER

Email: [info@chef2home.com](mailto:info@chef2home.com)

Direct: 717-935-9717

Toll-Free: 855-277-6454

## Nutrition Facts

**Serving size** 1 MEAL (454g)

**Amount per serving**  
**Calories** **390**

% Daily Value\*

**Total Fat** 11g **14%**

Saturated Fat 4g **20%**

Trans Fat .5g

**Cholesterol** 75mg **25%**

**Sodium** 410mg **18%**

**Total Carbohydrate** 51g **19%**

Dietary Fiber 0g **0%**

Total Sugars 9g

Includes g of Added Sugars

**Protein** 21g

Vitamin D mcg

Calcium mg

Iron 0mg **15%**

Potassium 0mg **0%**

Vitamin A mcg **35%**

Vitamin C mg **25%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS:

**MEATLOAF:** HAND SLAUGHTERED GROUND BEEF, EGGS, ONION, CRACKER MEAL (BLEACHED WHEAT FLOUR), SAGE, MILK (MILK, VIT D3).

**BROWN GRAVY:** FOOD STARCH- MODIFIED, WHEAT FLOUR, SALT, SOYBEAN OIL, WHEY, DISODIUM INOSINATE, DISODIUM GUANYLATE,

SUGAR, AUTOLYZED YEAST EXTRACT, CARAMEL COLOR, YEAST EXTRACT, CORN SYRUP SOLIDS, SODIUM CASEINATE (MILK DERIVATIVE),

GARLIC POWDER, ONION POWDER, MONO & DIGLYCERIDES, SODIUM CITRATE, SODIUM SILICOAHUMINATE, DIPOTASSIUM PHOSPHATE,

SPICES, SOYBEAN, CARRAGEENAN, SUNFLOWER OIL, WHEAT, ARTIFICIAL COLOR AND FLAVOR. **MASHED POTATOES:** POTATO (DRY), CANOLA

OIL, SALT, CONTAINS 2% OR LESS OF: SODIUM CASEINATE, NATURAL AND ARTIFICIAL FLAVOR, MONO & DIGLYCERIDES, ARTIFICIAL COLOR

AND DATEM. **FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID & BHT. MIXED VEGETABLES:** CARROTS, CORN, PEAS, GREEN

BEANS.

**CONTAINS:** EGG, MILK, WHEAT, SOY

